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Spin States of the First Four Holes in a Silicon Nanowire Quantum Dot

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ABSTRACT

We report measurements on a silicon nanowire quantum dot with a clarity that allows for a complete understanding of the spin states of the first four holes. First, we show control of the hole number down to one. Detailed measurements at perpendicular magnetic fields reveal the Zeeman splitting of a single hole in silicon. We are able to determine the ground-state spin configuration for one to four holes occupying the quantum dot and find a spin filling with alternating spin-down and spin-up holes, which is confirmed by magnetospectroscopy up to 9 T. Additionally, a so far inexplicable feature in single-charge quantum dots in many materials systems is analyzed in detail. We observe excitations of the empty quantum dot, which cannot correspond to electronic or Zeeman states. We show that the most likely explanation is acoustic phonon emission to a cavity between the two contacts to the nanowire.

Long spin lifetimes are crucial for applications such as spintronics1 and even more so for quantum computation with single spins. The proposal to use single spins as quantum bits2,3 exploits an optimal combination of the spin and charge degree of freedom.4 The potential of this spin qubit is underlined by the recent demonstration of coherent control of one5 and two6 spin states in quantum dots in GaAs/AlGaAs heterostructures. Most experiments have focused on quantum dots formed in III–V semiconductors; however, electron spin coherence in those materials is limited by hyperfine interactions with nuclear spins and spin–orbit coupling. Group IV materials are believed to have long spin lifetimes because of weak spin–orbit interactions and the predominance of spin-zero nuclei. This prospect has stimulated significant experimental effort to isolate single charges in carbon nanotubes,7,8 Si FinFETs,9 and Si nanowires.10 The recent observation of spin blockade in Si/SiGe heterostructures is argued to confirm the predicted long-lived spin states.11 Here we present low-temperature electronic transport experiments, resulting in four key novelties compared to previous work:10 (i) the realization of ultrasmall Si quantum dots by fabricating NiSi–Si–NiSi nanowires; (ii) the identification of the spin states of single charges in silicon quantum dots for the first time to the level of individual spin states; (iii) the observation of neutral excitations of an empty quantum dot, most likely due to phonon emission; and (iv) the possible observation of the (near) degeneracy of heavy and light hole bands in Si.

We have measured 30 Si nanowire quantum dots with pronounced excited states. In the measurements presented here, both a back gate and a side gate allow control of the number of charges down to a single hole in the dot. We observe the Zeeman energy of the first two holes at magnetic fields ranging from 0 to 9 T from which we deduce a g-factor close to the Si bulk value. Magnetospectroscopy of the first four holes allows determination of the successive spins that are added to an empty dot and reveals a spin filling with alternating spin-down and spin-up holes. The isolation and identification of a single spin in silicon demonstrated here constitutes an important step toward spintronic applications in a material with a long spin coherence time. Additionally, we have identified many excited-state lines that cannot be attributed to electronic states of the quantum dot itself. The discrete energy level spectrum is found to be independent of magnetic field and is most probably caused by spontaneous emission to a phonon cavity.

Single-crystal p-type Si nanowires are prepared by a gold nanocluster mediated vapor–liquid–solid process,12 using silane and diborane as precursor gases with an atomic feed-in ratio of Si/B = 4000:1.10 The typical diameter is 7–12 nm, comprising a Si core of 3–8 nm and a native oxide of ~2 nm. After growth, we deposit the nanowires on a highly doped silicon substrate capped with a dry thermal oxide. Predeposited markers allow locating individual nanowires with an SEM and defining contacts by means of electron-
beam lithography. The samples are treated with buffered hydrofluoric acid for 5 s prior to metal deposition to etch off the native SiO$_2$. We then evaporate 60–100 nm thick Ni contacts, leaving a Si channel of typically 300 nm uncovered. After metal lift-off, the samples are annealed in sequential steps of 20–30 s at 380 and 410 °C to induce radial and longitudinal diffusion of Ni into the Si nanowire. From both Ni contacts a NiSi segment is formed in the nanowires with lengths of 100–150 nm, depending on diameter, temperature and time. In Figure 1a, a schematic of a resulting NiSi–Si–NiSi nanowire is shown. The remaining Si section is connected to the lithographically defined Ni contacts by two NiSi leads. Scanning electron micrographs reveal silicide segments as bright regions which sandwich a darker section of Si; see, for example, Figure 1b or refs 13 and 14. These devices have room-temperature resistances varying from 100 kΩ to 5 MΩ. They are cooled down to cryogenic temperatures with a pumped ⁴He-cryostat or a dilution refrigerator. All data in this paper have been taken at a base temperature of 20 mK. Some nanowires are fully transformed into NiSi having room temperature resistances of 1–5 kΩ, corresponding to $\rho \sim 10 \mu$Ω cm, consistent with values found in NiSi nanowires$^{15}$ and large single crystals.$^{16}$

The relatively high electron and hole effective mass in silicon results in a relatively small energy level spacing. As a consequence, the observation of quantum states in silicon nanowires requires very short channel lengths and there are only few reports of pronounced excited states in Si nanowires. The resulting Si–Si–NiSi nanowire is shown. The relative high electron and hole effective mass in silicon results in a relatively small energy level spacing. As a consequence, the observation of quantum states in silicon nanowires requires very short channel lengths and there are only few reports of pronounced excited states in Si nanowires.$^{9–11,17}$ In order to create small dots, electron-beam lithography can be used to define Schottky tunnel contacts with separations down to 30–50 nm. The minimum width of the source and drain contacts is at least 10 times the nanowire diameter. The small wire dimensions make effective gating difficult. In this geometry the distance to the back gate is greater than the dot length, and thus the electric field lines from the back gate are severely screened by the metallic leads.

However, the leads and quantum dot of NiSi–Si–NiSi nanowires have comparable diameters (see Figure 1), strongly reducing screening of the back gate compared to lithographically defined leads. In this case the back gate has a stronger capacitive coupling. An extra advantage is that this technique allows the formation of dots shorter than 30 nm for which typical measurements of two representative devices are shown in Figure 1c,d. We measure the current from drain to ground while sweeping the bias voltage at the source, $V_{SD}$, and stepping the back-gate voltage, $V_{BG}$. The resulting differential conductance, $dI/dV_{SD}$, versus $V_{SD}$ and $V_{BG}$ shows a set of diamond-shaped regions in which the current is zero due to Coulomb blockade.$^{18}$ Inside a Coulomb diamond the number of charges, $N$, on the dot is fixed. The diamond edges mark the onset of a finite current when the ground state of the $N$th hole, GS($N$), becomes available for transport and the number of holes starts to alternate between $N$ and $N-1$. Outside the diamonds many lines run parallel to the edges, indicating a change in conductance that is caused by the availability of extra channels for transport. Note that lines ending on the $N$th diamond are attributed to the excited states of the $N$th hole, ES($N$).$^4$ The fact that excited states are visible is a direct consequence of the small size of the quantum dots and therefore large level spacing.

The back-gate-to-dot capacitance, $C_{BG}$, is derived as $C_{BG} = e/\Delta V_{BG}$, where $\Delta V_{BG}$ is the back-gate voltage needed to add a single charge. A cylinder-on-plate model can be used to relate $C_{BG}$ to the Si dot length, $L$ (see, e.g., ref 19). However, this model does not take into account screening of electric fields due to the finite wire length. To avoid this we have applied the Poisson equation to the geometry of Figure 1a to compute $C_{BG}(L)$, yielding, for example, $L = 28$ nm for the device in Figure 1b. When the channel length measured in SEM images is compared to the length determined from the model we obtain an accuracy within 30% in different devices. We conclude that the model gives a good estimate of the dot length and that the screening from contacts at NiSi–Si junctions is very small.

The stability diagram in Figure 1c displays a typical set of regular Coulomb diamonds that are very similar to other material systems. Figure 1d shows 10 Coulomb diamonds of another device, which are kite-shaped; the slopes of two adjacent diamonds are not parallel, which is in contrast to the conventional parallelograms of Figure 1c. The diamond edges have slopes of $-C_{BG}/C_S$ and $C_{BG}/(C - C_S)$; see ref 4. Here $C = C_S + C_D + C_{BG}$ is the sum of all capacitances to the dot and $C_S (C_D)$ is the capacitance between dot and source (drain). We assume that no other gates have a significant capacitive coupling to the dot. Within this model a difference in slopes for two successive transitions is the result of different capacitances to the corresponding electronic orbitals.

Combining the above equations with the measured slopes gives source and drain capacitances between 1.7 and 2.2 aF for Figure 1c. In Figure 1d the spread is much wider and values vary from 2 to 10 aF, as shown by the extracted capacitances in Figure 1e. In a quantum dot, the specific shape of the orbital wave function determines its capacitive coupling to a metallic gate. $C_{BG}$ is roughly the same for different orbitals, because the back gate is relatively far away. On the other hand, since the source and drain are extremely close to the quantum dot and the shape of the wave function changes with each orbital, $C_S$ and $C_D$ can vary strongly. As can be seen in Figure 1e, there are pairs of source and drain capacitances that have comparable values, indicating a symmetric orbital wave function. Conversely, there are pairs where $C_S$ is much greater than $C_D$, as a result of an orbital coupling that is much stronger to the source. We remark that the kites cannot be explained by multiple-dot behavior$^{20}$ since all diamonds close at zero bias.

The slopes we observe for excited states are consistent with this picture: the excited-state line of the $M$th diamond is parallel to the ground-state line of the transition from $M$ to $M + 1$ holes (indicated by blue arrows in Figure 1d). In both cases the ($M + 1$)th orbital is used for hole transport, resulting in the same capacitive coupling to source, drain, and gate. However, the ground-state line of the transition from $M - 1$ to $M$ holes has a different slope (green arrows), since it uses a different orbital. In the stability diagram of
Figure 1. Small silicon quantum dots in NiSi–Si–NiSi nanowires. (a) Schematic of a Si nanowire quantum dot with NiSi leads on an oxidized Si substrate. The NiSi leads are fabricated by thermally induced Ni diffusion from the two Ni contacts into the Si nanowire. Lower panel shows an energy diagram of the corresponding Schottky tunnel barriers that define the quantum dot and the resulting discrete energy levels in the dot. Occupied (empty) hole states are indicated in red (blue). (b) SEM of an actual device, where the NiSi shows up brighter than the Si. (c) Typical stability diagram, showing \( \ln|dI/dV_{SD}| \) in color scale versus \( V_{SD} \) and \( V_{BG} \), revealing 11 Coulomb diamonds and a charge switch at \( V_{BG} = -8.5 \) V. (d) Stability diagram of the device in panel b with kite-shaped diamonds. Grey and blue arrows indicate six pairs of excited-state lines parallel to the ground-state line of the next hole with a slope different from the adjacent hole ground-state line (black and green arrows). Cotunnelling processes appear in red, for example, in the two leftmost diamonds in panel c and in almost all diamonds in panel d. (e) Capacitances from source, drain, and gate to the dot of panel d versus Mth ground-state transition. \( C_{BG} \) is nearly constant because the back gate is relatively far away. \( C_S \) and \( C_D \) vary strongly from 2 to 10 aF. Ellipses (arrows) indicate pairs of source and drain capacitances that have comparable (different) values, as a result of equal (unequal) orbital coupling. Here we have assumed the Mth diamond in panel d to be 29. The capacitances values at \( M = 29 \) are calculated from the slopes at the transition from 28 to 29 holes, where the 29th orbital is used for transport.
Figure 1d, we can find six pairs of excited-state lines parallel to the ground-state line of the next hole (gray arrows) with a slope different from the adjacent hole ground-state line (black arrows). In short, the kites in Figure 1d can be explained by different capacitances to different orbitals. As far as we know kites have not been reported in any other material system. Based on that we suggest that the origin may lie in the (near) degeneracy of the top of the valence band of Si, absent in e.g. GaAs 2DEGs and InAs nanowires. If a quantum dot is alternately filled by heavy and light holes which have different types of orbitals, the coupling of the wave functions to the leads can differ for consecutive hole numbers. This can induce strong variations in the capacitive coupling of successive orbitals and thus kites as we have observed. However, this does not identify what determines whether a stability diagram will consist of mainly parallelograms or kites, as in Figures 1c and 1d.

As far as we know kites have not been reported in any other material system. Based on that we suggest that the origin may lie in the (near) degeneracy of the top of the valence band of Si, absent in e.g. GaAs 2DEGs and InAs nanowires. If a quantum dot is alternately filled by heavy and light holes which have different types of orbitals, the coupling of the wave functions to the leads can differ for consecutive hole numbers. This can induce strong variations in the capacitive coupling of successive orbitals and thus kites as we have observed. However, this does not identify what determines whether a stability diagram will consist of mainly parallelograms or kites, as in Figures 1c and 1d.

In these small diameter nanowires the degeneracy of the heavy hole and light hole subbands can be lifted by confinement; see, for example, calculations based on density functional theory\textsuperscript{21,22} and tight-binding models\textsuperscript{23,24}. If so, an empty Si nanowire quantum dot will start to fill with holes of the highest subband, resulting in a regular diamond pattern as in Figure 1c. At higher charge numbers, holes of the second subband with a different effective mass can also enter the dot and cause different slopes of adjacent diamond edges as in Figure 1d. The latter device contains about 23–32 holes, whereas the first has about 3–13 holes. We estimate the number of charges by counting up holes from zero, starting at the back-gate voltage at which the dot is emptied at a high bias (100 mV). We combine this pinch-off voltage of $V_{BG} = -1.3$ V with $C_{BG} \sim 0.07$ aF, based on diamond 9 in panel b. The peak of the last hole (the $N = 0 \leftrightarrow 1$ transition) is about 5 pA high and as a result barely visible in this color scale. Inset: SEM picture of the device with two Ni contacts and a SiO$_2$/Cr/Au side gate (SG). The side gate is about 40 nm away from the nanowire and the distance between the lithographically defined Ni contacts is 250 nm. The nanowire broke after the measurements. (b) Stability diagram of the same device, showing $dI/dV_{SD}$ in color scale versus $V_{SD}$ and $V_{BG}$ ($V_{SG} = 0$ V, i.e., along the white dashed line in panel a). On the basis of the back-gate capacitance at high hole numbers, we estimate the Si dot length to be about 12 nm (see main text), becoming even smaller as holes leave the dot. (c) Either gate can be used to control the number of holes down to zero. In both cases, the last diamond opens completely, a strong indication of an empty quantum dot.

Figure 2. Observation of the last hole. (a) Current in color scale versus side-gate voltage, $V_{SG}$, and back-gate voltage, $V_{BG}$, at a bias of 2 mV. Diagonal lines correspond to transitions from $N$ to $N + 1$ holes, indicated in white digits. The slopes give roughly $C_{SG} = 1.3C_{BG}$, with $C_{BG} \sim 0.07$ aF, based on diamond 9 in panel b. The peak of the last hole (the $N = 0 \leftrightarrow 1$ transition) is about 5 pA high and as a result barely visible in this color scale. Inset: SEM picture of the device with two Ni contacts and a SiO$_2$/Cr/Au side gate (SG). The side gate is about 40 nm away from the nanowire and the distance between the lithographically defined Ni contacts is 250 nm. The nanowire broke after the measurements. (b) Stability diagram of the same device, showing $dI/dV_{SD}$ in color scale versus $V_{SD}$ and $V_{BG}$ ($V_{SG} = 0$ V, i.e., along the white dashed line in panel a). On the basis of the back-gate capacitance at high hole numbers, we estimate the Si dot length to be about 12 nm (see main text), becoming even smaller as holes leave the dot. (c) Either gate can be used to control the number of holes down to zero. In both cases, the last diamond opens completely, a strong indication of an empty quantum dot.
to the quantum dot, a current peak appears as a diagonal line, a typical signature of a single quantum dot. The bending of two adjacent Coulomb peak lines toward or away from each other means that the addition energy changes. Apparently the shape of the confinement potential is modified differently by $V_{BG}$ and $V_{SG}$ because of their global (back gate) or more local electric field (side gate). As a result the potential well is not a perfect parabola as sketched in Figure 1a. Some peaks become switchy over a certain gate voltage range; see, for example, the bistable behavior for values of $V_{BG}$ between $-18$ and $-12$ V, but the device is very stable in the greater part of Figure 2a. Figure 2b shows a stability diagram, where the back-gate voltage is used to vary the number of holes from 12 to 2.

In Figure 2c we reduce the number of charges down to one with the side gate and the back gate. The last diamond opens completely up to $\pm 200$ mV bias in both diagrams. We have measured no current up to $V_{BG} = 50$ V, which means that the last diamond does not close and we have indeed observed the last hole (Figure 3 provides additional proof). The excited state of the first hole lies about 80 meV above the ground state. This is ideal for spin qubits, where individual spin states need to be addressed without interference of higher orbitals. The results in Figure 2 demonstrate a high degree of device stability and tunability, providing control of the number of holes down to a single-hole quantum dot.

The observation of the last hole allows us to identify the first four spin states on the quantum dot. We zoom in on the $N = 0 \leftrightarrow 1$ and the $N = 1 \leftrightarrow 2$ transition at $B = 0, 1, 2, 4,$ and $8$ T applied perpendicular to the substrate (Figure 3a). Both transitions exhibit a set of excited states parallel to the diamond edges at 0 T, spaced by roughly 100 $\mu$eV. They cannot be attributed to electronic states, since these are higher in energy than 10 meV, as shown in Figure 2c. We discuss those below, but first focus on the Zeeman energy $E_Z = |g|\mu_B B$, where $g$ is the $g$-factor and $\mu_B$ is the Bohr magneton.

A finite magnetic field splits the spin-degenerate ground-state transport line into a spin-up and spin-down line separated by $E_Z$. In our measurement, the Zeeman-split spin state can be distinguished from the other excited states by its magnetic field dependence. Figure 3b shows the Zeeman splitting extracted from measurements as in Figure 3a at magnetic fields up to 9 T. Linear fits yield measured $g$-factors of $\sim 2.3$. We have also measured the Zeeman energy of a single-hole in another device, see Supporting Information.

At the $N = 0 \leftrightarrow 1 \ (N = 1 \leftrightarrow 2)$ transition, the Zeeman-split state appears only at positive (negative) voltage bias, which we can relate to asymmetric source and drain tunnel barriers, as illustrated in Figure 3c. At the $0 \leftrightarrow 1$...
transition, there is only an observable increase at positive bias. When the spin-excited-state enters the bias window, the tunnel rate onto the dot increases from $\Gamma^0$ to $\Gamma^0 + \Gamma^0$ (left diagram) because a hole with either spin-up or spin-down can enter. The tunnel rate to leave the dot $\Gamma^\text{out}$ does not change since only one hole can tunnel off (rightmost diagrams): $\Gamma^\text{out} = \Gamma^\text{out}^0$ or $\Gamma^\text{out}^0$, depending on which spin entered the dot previously (assuming no spin relaxation). This means that the addition of an extra level in the bias window only increases the conductance noticeably if the holes tunnel into the dot via the barrier with the lowest tunnel rate. On the contrary, in the transport cycle of the 1 $\leftrightarrow$ 2 transition $\Gamma^0$ does not change when an additional level enters the bias window, since only one spin species can enter the dot (leftmost diagrams). With two spins on the dot, this singlet state, displayed as one single energy level in the lower panel of Figure 3c, can change to either $|\uparrow\uparrow\rangle$ or $|\downarrow\downarrow\rangle$ when, respectively, a spin-up hole or a spin-down hole leaves the dot. Since both spin species can tunnel off, $\Gamma^\text{out}$ increases to $\Gamma^\text{out}^0 + \Gamma^\text{out}^0$ when the second level becomes available for transport. This is reflected by the Zeeman-split line at negative bias, where holes tunnel off via the barrier with the lowest tunnel rate.

In contrast to the edges of the $(N = 0)$ and $(N = 2)$-diamonds, the $(N = 1)$ diamond edges do not show Zeeman splitting. This means that in the two-hole ground-state both holes are in the lowest orbital with opposite spins. In bulk Si, the first hole ground state is spin-down, $|\downarrow\rangle$. When the second hole is added to the lowest orbital it is spin-up, $|\uparrow\rangle$. At the $N = 2$ $\leftrightarrow$ 3 and the $N = 3$ $\leftrightarrow$ 4 transitions the even-$N$ diamond edges split (see Figure 5e,f), which implies that the third and fourth hole are, respectively, spin-down and spin-up.

In addition to the excited-state spectroscopy of Figure 3, we have performed magnetospectroscopy on the ground states of the first four holes to confirm the spin filling of the quantum dot. Figure 4a shows the evolution of the first four Coulomb peaks as the magnetic field is stepped from 0 to 9 T. The current peaks move toward or away from each other, depending on the spin direction of the additional hole. In Figure 4b, we plot the distance between consecutive peaks, $\Delta V_{\text{SG}}$, for 1, 2, and 3 holes. The alternating direction of the Coulomb peak evolution shows that spin-down and spin-up holes alternately enter the dot.

Up to now we have identified excited-state lines that are caused by orbital or spin states of the quantum dot. This leaves the additional excitations spaced by roughly 100 $\mu$eV in Figure 3a. Lines ending on the $N = 0$ region correspond to excitations of the empty quantum dot. The zoom on the $N = 0$ $\leftrightarrow$ 1 transition in Figure 5a displays equally spaced lines at energies $E_n$, to which we have assigned a number $n$. Since the lines are roughly equidistant, we have leave out $n = 2, 6,$ and 11. Line cuts in Figure 5b,c reveal a set of small peaks in the current-voltage characteristics. The missing lines are probably washed out by modulations of the ground-state resonant tunnel rate due to modification of the barrier while $V_{\text{SD}}$ is increased. For example, the big dip in (negative) current at $V_{\text{SD}} = -0.7$ mV in the green trace of Figure 5c masks the $n = 2$ line. The difference in energy between the $n$th line and the ground-state transport line, $E_n - E_0$, is plotted as a function of $n$ in the upper left inset (for $E_n$ we take the center of each line). Analogously the energy level spacings for different magnetic fields are plotted in the lower right inset. Clearly the lines are not affected by a magnetic field. The same analysis of the $N = 1$ $\leftrightarrow$ 2 transition gives similar results; see Figure 5c.

We have combined energy spectroscopy with magnetospectroscopy to study the magnetic field evolution of the discrete spectrum at the $N = 2$ $\leftrightarrow$ 3 and the $N = 3$ $\leftrightarrow$ 4 transition. Figure 5e reveals a very pronounced grid of lines in the zoom of the $N = 2$ $\leftrightarrow$ 3 transition. The $N = 2$ $\leftrightarrow$ 3 transition is at a side-gate voltage where the barriers are about equal in size, and as a result lines appear parallel to both diamond edges. Again we stress the contrast with the $N = 0$ $\leftrightarrow$ 1 and the $N = 1$ $\leftrightarrow$ 2 transition, where the barriers are asymmetric and the lines appear along one diamond edge. At the side-gate voltage of the $N = 3$ $\leftrightarrow$ 4 transition one of the tunnel barriers becomes slightly more opaque, resulting in a lower differential conductance and less pronounced inelastic transport lines (see Figure 5f).

Magnetospectroscopy of the energy levels is performed at side-gate voltages close to both transitions, indicated by white dashed lines in Figure 5e,f. With increasing magnetic field, the Coulomb blockaded region increases at the $N = 2$ $\leftrightarrow$ 3 transition (middle panel of Figure 5e) and...
increases at the \( N = 3 \leftrightarrow 4 \) transition (middle panel of Figure 5f). This is directly connected to the observed Coulomb peak evolution in Figure 4; the peak at the \( N = 2 \leftrightarrow 3 \) transition moves away from the gate voltage at which the magneto-spectroscopy is performed, whereas the peak at the \( N = 3 \leftrightarrow 4 \) transition moves toward it. The lines above the ground-state transport line remain equidistant and again form a grid (red in the color scale). They neatly follow the ground-state transport line at a constant distance throughout the magnetic field sweeps. A charge switch causes a discontinuity at \( B = 3.7 \) T in panel e. Blue dotted arrows indicate the Zeeman-split excited state.

The additional lines do not originate from electronic states of the Si quantum dot itself and are therefore necessarily due to interactions with the environment. The origin of the energy spectrum lies in inelastic tunneling processes via discrete energy levels separated by \( n\Delta E \) from the elastic ground-state transport level. In this scenario, additional tunneling processes exist where packets of energy, \( \Delta E \), are emitted into the environment as illustrated in the diagrams in Figure 5d. We consider either photon or phonon emission as the origin of the neutral excitations. If the energy is emitted to a phonon cavity, its magnitude is determined by the phonon speed, \( \nu \), and the length of the
cavity, \( L \), according to \( \Delta E = h\nu/2L \). This allows us to estimate the order of magnitude of the cavity size required for an emission of \( \Delta E \sim 100 \mu\text{eV} \). On the basis of a speed of sound of \( \sim 5000 \text{ m s}^{-1} \), the phonon cavity must be \( \sim 104 \) nm long. This lengthscale corresponds well to the total length of NiSi–Si–NiSi nanowire of 250 nm. The cavity edges are then situated at the transition from the amorphous Ni contacts to the crystalline NiSi, where the cross-sectional area changes stepwise by more than 3 orders of magnitude. An analogous reasoning would result in a photon wavelength of \( \sim 6 \) mm, which we cannot match to a realistic photon cavity with a strong enough transmission to our Si quantum dot. We therefore conclude that the most likely explanation is spontaneous energy emission to a phonon cavity of \( \sim 100 \) nm long.

Absorption of phonons from the environment can be ruled out for two reasons. (i) The lines stop at the diamond edges, whereas phonon absorption would also be visible in the Coulomb blockaded regions. (ii) The height of the small current peaks due to inelastic tunneling in Figure 5b,c is \( \sim 1 \) pA, corresponding to one charge leaving the dot every 160 ns. It takes a phonon \( \sim 40 \) ps to go up and down a 100 nm cavity, based on a speed of sound of 5000 m s\(^{-1}\). Absorption of previously emitted phonons thus requires a cavity with a Q-factor of \( \sim 4000 \), which is unrealistically high in our system. Phonon emission alone suffices to explain the spectrum. In fact, in the case of absorption the asymmetric barriers would mirror the spectrum displayed in the middle panel of Figure 5d. This underlines the fact that we observe only phonon emission, and no phonon absorption.

An energy emission of \( n\Delta E \) can be interpreted by two possible scenarios. (i) One phonon with energy \( n\Delta E \) is sent out. Each line corresponds to one phonon mode of energy \( n\Delta E \), hence the modes are equidistant in energy as in a harmonic oscillator potential. Such a regular set of phonon modes may well have similar shapes, resulting in comparable electron–phonon couplings and current peak heights for all modes. (ii) \( n \) phonons with energy \( \Delta E \) are emitted. Since we observe emission even above \( 10\Delta E \) (see Figure 5), the electron–phonon coupling must be very strong in the latter scenario.

The Franck–Condon model predicts current steps, as seen in C\(_{60}\)-molecules,\(^{31} \) instead of our observed current peaks. Peaks instead of steps have also been observed in other experiments.\(^{32} \) This deviation requires further study in order to determine unambiguously whether multiple phonons are emitted in the same mode or single phonons in multiple modes. Finally, we remark that after submission of this letter new work has been reported on similar phonon-assisted tunneling in carbon nanotubes.\(^{33} \)

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